





Central Hindu Military Education Society's  
**BHONSALA INSTITUTE OF NURSING**

College Campus, Rambhoomi, Dr. Moonje Marg, Nashik-422005, Maharashtra (India)

Phone No. : (0253)-2973939, Mobile No. : 7721925040

Website : <https://nursing.bhonsala.in/>

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Ref. No. : CHMES/BIN/2026/

Date: 09.02.2026

**Webinars, Guest Lectures & CME/Workshop**

➤ **List of FDP's & CNE's organized**

SN	Name of CNE's	Theme	No. of participants	Date / Year	Level
1	Workshop on soft skill in association with GTT Foundation	Life Development Skills	100	16 to 18.01.2025	Institute
2	Capacity building session	Basics of ICT in academics and administration	18	24.02.2025	Institute
3	Bahishal Shikshan Mandal Yojana Lecture series in association with MUHS	Professional development and communication	150	01.03.2025	University
4	Workshop on first aid	First aid for common medical emergencies	100	07 to 08.05.2025	Institute
5	Regional workshop on IPSG	International Patient Safety Goals	150	06.06.2025	Institute
6	State level workshop on Cardiac Life Support	Basic Cardiac Life Support	150	27 & 28.06.2025	State
7	Training of Trainers (ToT) Program	Simulation based education	20	16 & 17.07.2025	Institute
8	Training of Trainer (ToT) Program	Procedure checklists	20	18.07.2025	Institute
9	Training of Trainers (ToT) Program	Preparation of Blue Print of nursing curriculum	20	24.07.2025	Institute





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10	Symposium on clinical research in association with SN Scort Research Solution Pvt. Ltd	Basics of Clinical Research and role of nurse	100	19.08.2025	Institute
11	Principal's meet in association with ELSEVIER	Principal's meet for academics and administration updates	50	24.09.2025	Regional
12	Workshop on Basic Research Methodology in association with MUHS	Basics of research concepts	50	19 to 21.11.2025	State
13	Training Program on Soft Skills	Soft skills and professional behavior	82	24 to 28.11.2025	Institute

➤ Community & extension activities conducted

SN	Activity	Purpose	Date	Place	Target group
1	School health check-up	Health assessment and screening	17 & 18.02.2025	Sishu Vihar School, Nashik	School children
2	Eye donation awareness program	Awareness generation	20.03.2025	Bhonsala Institute of Nursing	Collegiate students
3	Role Play	Prevention on TB	24.03.2025	Vilohli, Nashik	General population
4	Awareness rally	Awareness on health and illness	07.04.2025	Jategaon, Nashik	General population
5	Observation of nutrition day (exhibition)	Health and wellbeing during pregnancy	09.04.2025	PHC, Jategaon, Nashik	Antenatal mothers
6	Hands on training on CPR	Training program	25.04.2025	PHC, Jategaon, Nashik	ASHA workers
7	Breast feeding week celebration (Role play & Rally)	Awareness and education	12.08.2025	Jategaon, Nashik	ANC & PNC Mothers



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8	Role Play on ANC care	Awareness on importance of ANC care	12.09.2025	Zakir Hussain Hospital, Nashik	ANC Mothers
9	Role Play on Patient Safety Goals	World Patient Safety Day	17.09.2025	Sahyadri Multispecialty Hospital, Nashik	Patients & Care givers

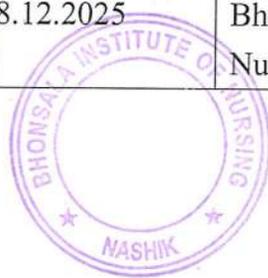
➤ Field / educational visits conducted

SN	Class/semester	Organization	Place	Purpose	Date
1	III Semester BSc N	Kadwa Sahakari Sakhar Karkhana	Dindori	Occupational health nursing	15.01.2025
2	II Year GNM	Nashik Municipality Corporation Water Purification Center	Panchvati, Nashik	Awareness on process of water purification	17.03.2025
3	II Year GNM	Nashik Municipality Corporation Sewage/ Water Purification Plants	Panchvati, Nashik	Awareness on waste disposal	18.03.2025
4	VI Semester BSc N	Yerwada Mental Health Center	Pune	Mental health services	04.07.2025
5	VII Semester BSc N	World Education Fair	Gurudakshina Hall, Nashik	Academic future, scholarship and career guidance	23.09.2025
6	IV Semester BSc N	Matoshree old age home, Nashik	Nashik	Awareness and wellbeing of elderly	10.10.2025
7	I Semester BSc N	Milk Dairy Plant Pvt. Ltd	Saikheda, Niphad, Nashik	Pasteurization of milk and its process	17.11.2025
8	I Year GNM	Anganwadi	Vilholi village	Child health program	30.12.2025



## ➤ Participation in health/diagnostic camps

SN	Name of the Camp	Date	Place	Target group
1	Mini diagnostic camp	20.03.2025	Ambebahula village, Nashik	General population
2	Blood donation camp	30.05.2025	Bhonsala Institute of Nursing	Faculty and students
3	Suvarnprashan Camp	31.05.2025	Ayurved Mahavidyalaya and Rugnalaya, Nashik	Pediatrics
4	Blood donation camp	03.06.2025	Bhonsala Institute of Nursing	Faculty and students
5	Health camp (organized by Seva Bharti)	21.09.2025 28.09.2025 05.10.2025 12.10.2025 09.11.2025 16.11.2025 23.11.2025 30.11.2025 14.12.2025 21.12.2025 28.12.2025	Ekdare, Peth village, Nashik	General population
6	SEVANKUR – 03 days for Nation Activity	07 to 09.11.2025	Dr. Hedgewar College of Nursing, Sambhajinagar	Rural population
7	First Aid Services during State Level Bhonsala Football Matches	21 to 23.11.2025	Bhonsala Military School	Sports persons and participants
8	First Aid Champ	30.11.2025	Bhonsala Institute of Adventure Sports, Anjaneri	Adventure sports participants
9	Health camp	08.12.2025	Bhonsala Institute of Nursing	All employees of CHMES



➤ National Service Scheme (NSS) activities conducted

SN	Date	Event	Activities	Place
1	11 & 12.01.2025	Multi diagnostic camp in association with Dhiraj General Hospital, Baroda	Screening and medical services tribal population	Kanashi, Nashik
2	01.04.2025	Eye check-up in association with Shri Guruji Rugnalaya	Eye examination and visual acuity	Bhonsala Institute of Nursing, Nashik
3	11.10.2025	Cleanliness drive	Institutional Social Responsibility (ISR) activity	Bhonsala Institute of Nursing
4	07.12.2025	Filed visit	Awareness programs and donated 40 sweaters, and stationaries	Adharashram, Nashik

➤ Student Nurses Association (SNA) activities conducted

SN	Date	Event	Activities	Place
1	04.02.2025	World cancer day	Session on gynecological cancer	Bhonsala Institute of Nursing
2	21.02.2025	Lamp lighting function	Oath taking ceremony for first year students	Bhonsala Institute of Nursing
3	22 to 28.02.2025	YUVAN 2025	Annual sports and cultural events	Bhonsala Institute of Nursing
4	08.03.2025	Women's day	Observation of women's day	Bhonsala Institute of Nursing
5	25.03.2025	Quiz Program	Online Quiz competition	Bhonsala Institute of Nursing
6	09 & 10.04.2025	Therapeutic diet preparation	Practicals on balanced and therapeutic diet preparation	Bhonsala Institute of Nursing
7	12.05.2025	International Nurses Day	Session on global nurses' shortage – challenges,	Bhonsala Institute of Nursing



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			opportunities and path forward	
8	21.06.2025	International yoga day	Yogic practices for health and wellbeing	Bhonsala institute of Nursing
9	12.08.2025	World Organ Donation Day	Poster Making and Rangoli Competition	Bhonsala Institute of Nursing
10	12.08.2025	Awareness session	Session on legal implications of Ragging	Bhonsala Institute of Nursing
11	27.08.2025	Ganapati Festival	Ganapati Pooja	Bhonsala Institute of Nursing
12	08.09.2025	Teachers day	Felicitation to the teachers	Bhonsala Institute of Nursing
13	10.09.2025	Parent Teacher Meet	Parent Teacher Association (PTA) Meeting	Bhonsala Institute of Nursing
14	11.09.2025	Fire safety training program by Shraddha fire protection system Pvt. Ltd	Hands-on training on use of fire extinguishers	Bhonsala Institute of Nursing
15	20.09.2025	Webinar by Advisors Organization, Mumbai	Session on financial wellness	Bhonsala Institute of Nursing
16	09.10.2025	Celebration	Celebration of Dussehra	Bhonsala Institute of Nursing
17	16.10.2025	Celebration	Celebration of Diwali	Bhonsala Institute of Nursing
18	07.11.2025	150 years of Vande Mataram	Collective singing of Vande Mataram	Bhonsala Institute of Nursing
19	08.11.2025	YUVAN 2025	Annual academic, sports and academic toppers prize distribution function	Bhonsala Institute of Nursing
20	15.11.2025	Fresher's Party	Reception and welcome novice students (with fun games, ice-breaker activities and cultural events)	Bhonsala Institute of Nursing
21	09.12.2025	Birth Anniversary of Dr. B S Moonje	Elocution and Essay Competition	Bhonsala Institute of Nursing

**➤ List of Alumni Samvad organized**

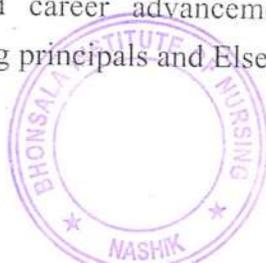
SN	Name of alumni	Name of Institute/ Organization	Topic	Date/Year
1	Mr. Lakhan Jangale	In-charge Nurse, Shri Rasikal Manikchand Dhariwal Hospital, Nashik	Impact Bhonsala on lives	30.08.2025
2	Ms. Mayuri Gosavi	Nursing Officer, Government District Hospital, Dhule	Preparation for Nursing competency exams	30.09.2025
3	Ms. Rohini Palak	Shri Guruji Rugnalaya, Nashik	Good study habits and strategy	15.12.2025

**State Level Workshop on Basic Cardiac Life Support**

Organized an State Level Workshop on Basic Cardiac Life Support (BCLS) on 27 to 28.06.2025 at the Bhonsala Institute of Nursing, where a total of 150 participants across Maharashtra were participated. The workshop was conducted to enhance the knowledge and practical skills of nursing students in identifying and managing cardiac emergencies effectively.

**Principal Meet**

Organized Nashik Region Principal's Meet on 24.09.2025 in association with Elsevier India, wherein a total of 43 participants (Principal's, Vice-Principal's and HOD's) from 21 Schools / Colleges of Nursing across the Nashik District have participated. The sessions were that are relevant and important for the professional growth and career advancement were conducted. The event has offered opportunities for networking among principals and Elsevier India.





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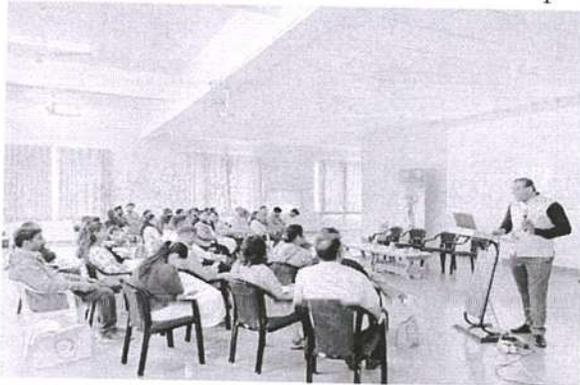


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### State Level Workshop on Basics in Research Methodology

Organized an State Level Workshop on 'Basics in Research Methodology' in association with the Maharashtra University of Health Sciences (MUHS), Nashik on 19 to 21.11.2025 (03 days). A total of 50 participants across Maharashtra have participated for the same.



### Health Camp

In lieu of Dr B S Moonje birth anniversary, organized 'Health Camp' at Bhonsala Institute of Nursing in association with Shri Guruji Rugnalaya, Nashik on 09.12.2025 wherein a total of 62 employees and students of constituent units of CHMES has availed the benefit from expert doctors. The health camp was conducted by involving 06 expert doctors from Department of Medicine, Department of Ophthalmology, Department of OBGY and Dentistry and offered free consultation and health services.





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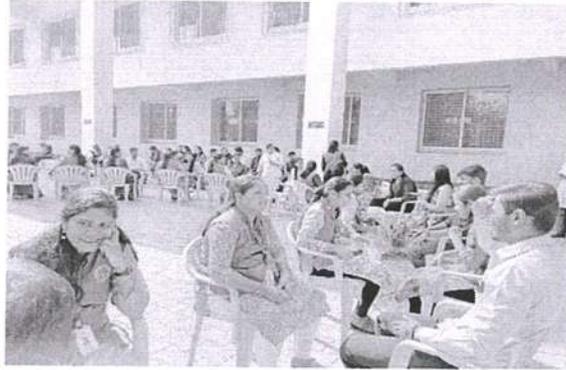
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## Alumni Meet – Reminiscence 2025

Organized Alumni Meet – Reminiscence 2025, and released inaugural edition of Alumni Newsletter 2025 on 27.12.2025, where a total of 50 alumni from 2018, 2019 and 2020 batches have participated. The event included the felicitation of distinguished alumni, motivational session, alumni reflection, cultural events, alumni connect and other various events.



**PRINCIPAL**

Bhonsala Institute of Nursing  
Dr. Moonje Marg, Rambhumi,  
Nashik



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरी रोड, म्हसळ, नाशिक - ४२२००४ Dindori Road, Mhasrul, Nashik - 422004

Tel:(0253) 2539303 Student Helpline:0253-2539111/6659111/100

Website: www.muhs.ac.in, E-mail: urd@muhs.ac.in

प्रा. डॉ. स्वाती जाधव

Prof. Dr. Swati Jadhav

प्र. अधिष्ठाता (शैक्षणिक)

Offg. Dean (Academics)

जा.क्र.मजावि/विशै/विसंवि/७४३/२०२५

दि. १७/१२/२०२५

प्रति,  
प्राचार्य

भोंसला इन्स्टिट्यूट ऑफ नर्सिंग,  
कॉलेज कॅम्पस, रामभुमी,  
डॉ. मुंजे मार्ग, नाशिक - ४२२००५

**विषय :** दि.०५ व ०६ जानेवारी, २०२६ रोजी आयोजित करण्यात आलेल्या  
“Disaster Management and Emergency Preparedness” या २ दिवसांच्या  
राष्ट्रीय स्तरावरील परिषदे करिता विद्यापीठाकडून आर्थिक अनुदान  
मंजुरीबाबत..

**संदर्भ :** १. आपल्या महाविद्यालयाचा दि.१६/१०/२०२५ रोजीचा प्रस्ताव.  
२. दि.१२/११/२०२५ रोजीची मान्यता प्राप्त टिप्पणी क्र.२०२५/FT/०१६/२२७४  
३. विद्यापीठाचे दि.१७/११/२०२५ रोजीचे पत्र क्र.MUHS/UAW/URD/649/2025  
४. आपल्या महाविद्यालयाचा दि.२४/११/२०२५ रोजीचा ई-मेल/पत्र क्र.  
CHMES/BIN/2025/1856  
५. दि.१०/१२/२०२५ रोजीची मान्यता प्राप्त टिप्पणी क्र.२०२५/FT/०१६/३९१०

महोदय,

उपरोक्त विषय व संदर्भिय प्रस्तावाच्या अनुषंगाने आपणांस कळविण्यात येते की,  
आपल्या महाविद्यालयाकडून दि.०५ व ०६ जानेवारी, २०२६ या कालावधीत “Disaster  
Management and Emergency Preparedness” २ दिवसांची राष्ट्रीय स्तरावरील परिषद  
आयोजित करण्यासाठी विद्यापीठाकडून आर्थिक अनुदान मिळण्याबाबत संदर्भ क्र.१ नुसार  
प्रस्ताव प्राप्त झाला होता. त्यासअनुसरून विद्यापीठाच्या संदर्भिय पत्र क्र.३ नुसार आर्थिक  
अनुदान मंजुर करण्यात आले आहे.

तथापि, आपल्या महाविद्यालयाच्या संदर्भिय पत्र क्र.४ नुसार दि.०५ व ०६ जानेवारी,  
२०२६ रोजी आयोजित केलेली राष्ट्रीय कार्यशाळा दि.१९ व २० जानेवारी, २०२६ रोजी  
घेण्यात येणार असल्याचे कळविण्यात आले असून सदर राष्ट्रीय कार्यशाळेच्या तारखेत झालेला  
बदल ग्राह्य धरणेबाबत विनंती करण्यात आली आहे.

त्याअनुषंगाने मला प्राप्त आदेशानुसार कळविण्यात येते की, राष्ट्रीय कार्यशाळेच्या  
तारखेत झालेल्या बदलाबाबत विद्यापीठाद्वारे नोंद घेण्यात आली आहे. विद्यापीठाच्या संदर्भिय  
पत्र क्र.४ मध्ये नमुद केलेनुसार सदर परिषदेकरिता विद्यापीठामार्फत डॉ. मेलिसा फर्नांडीस,  
प्राध्यापक, एस.एम.बी.टी. इन्स्टिट्यूट ऑफ नर्सिंग, नाशिक (मो.क्र.८६०५६०७८२८) यांची  
निरीक्षक म्हणून नेमणुक करण्यात आली आहे.

Swati  
17/12/2025  
प्र. अधिष्ठाता (शैक्षणिक)  
विद्यापीठ शैक्षणिक कक्ष

(कृ.मा.प.)

PRINCIPAL

Bhonsala Institute of Nursing  
Dr. Moonja Marg, Rambhumi,  
Nashik

पृष्ठ क्र. २

प्रत:- डॉ. मेलिसा फर्नांडीस,  
प्राध्यापक,  
एस.एम.बी.टी. इन्स्टिटयुट ऑफ  
नर्सिंग, नाशिक

सदर महाविद्यालयाने आयोजित केलेल्या  
परिषदेकरीता विद्यापीठ निरीक्षक म्हणुन आपली  
नियुक्ती करण्यात आली आहे. त्याअनुषंगाने सदर  
परिषदेस उपस्थित राहुन पुढील कामकाज करावे.

प्रत माहितीस्तव:-

१. कुलगुरु कार्यालय, म.आ.वि.वि., नाशिक
२. कुलसचिव कार्यालय, म.आ.वि.वि., नाशिक
३. प्राचार्य, एस.एम.बी.टी. इन्स्टिटयुट ऑफ नर्सिंग, नाशिक



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## National Workshop

### “Disaster Management & Emergency Preparedness”

(19 to 20 January, 2026)

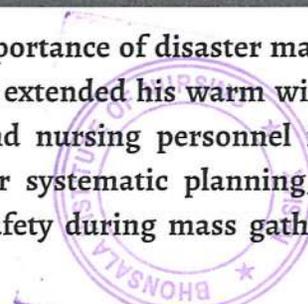


The CHMES Bhonsala Institute of Nursing, Nashik and Bhonsala Institute of Adventure Sports, Nashik, in collaboration with the Maharashtra University of Health Sciences (MUHS), Nashik, successfully inaugurated a 2-day National Workshop on “Disaster Management & Emergency Preparedness” on 19 January 2026. A total of 210 participants from Maharashtra and other states are attending the workshop.

The Inaugural Ceremony was graced by Dr. Charudatta Shinde, District Civil Surgeon, Civil Hospital, Nashik, as the Chief Guest. Dignitaries present on the dais included Shri. Milind Vaidya (Secretary, CHMES, Nashik Division), Dr. Melisa Fernandes (Observer, MUHS), Dr. Sachin Deore (Chairman, BIN), Shri. Vishikesh Yadav (Chairman, BIAS), Shri. Hemant Pathak and Dr. Sonali Deshmukh (Members, LMC, BIN).



Dr. Charudatta Shinde appreciated the initiative and emphasized the importance of disaster management, especially in preparation for the upcoming Kumbh Mela in Nashik, and extended his warm wishes to the institute. He highlighted the vital role of healthcare professionals and nursing personnel in disaster response and emergency preparedness. He also stressed the need for systematic planning, hands-on training, and coordination among various agencies to ensure public safety during mass gatherings and emergencies.

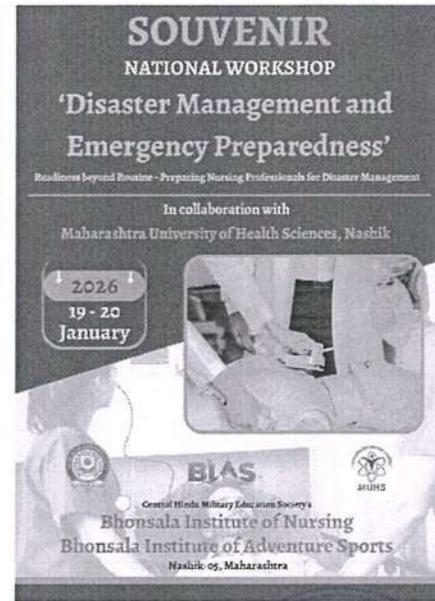




# National Workshop "Disaster Management & Emergency Preparedness" (19 to 20 January, 2026)

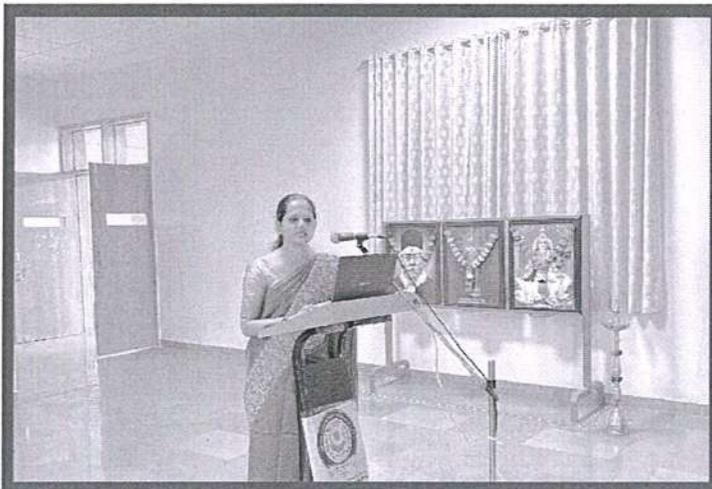


During the inauguration ceremony, the Workshop Souvenir was released by the Chief Guest, Dr. Charudatta Shinde. The souvenir includes abstracts of scientific sessions and research paper presentations. It serves as a valuable academic resource for participants and reflects the collective scholarly contributions of experts and researchers. The publication also highlights the workshop's commitment to promoting knowledge sharing and research in the field of disaster management and emergency preparedness.



### The scientific sessions conducted on Day 1 were:

**Session 01:** Dr. Shweta Pattnaik (Professor, Choithram College of Nursing, Madhya Pradesh) – Disaster Overview: She provided a comprehensive overview of different types of disasters, their impact on health systems, and the importance of preparedness and response planning. She also highlighted recent disaster case studies and emphasized the role of nurses and healthcare professionals in effective disaster response and coordination.





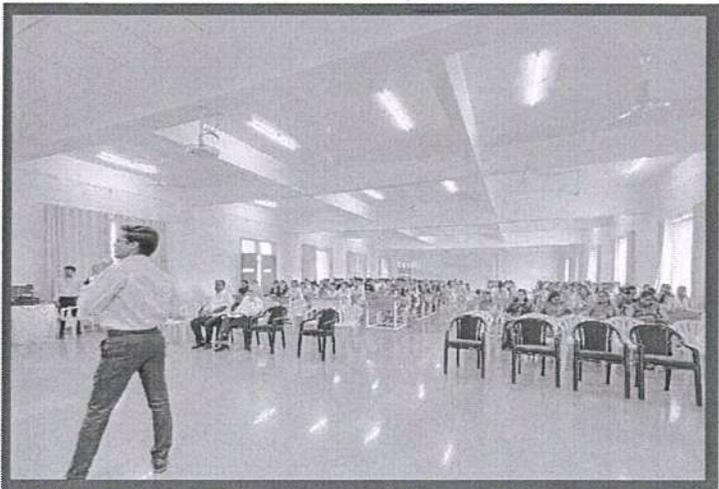
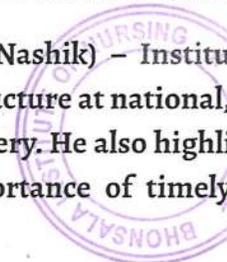
**National Workshop**  
**“Disaster Management & Emergency Preparedness”**  
(19 to 20 January, 2026)



**Session 02: Dr. Suresh Velumani (Professor, Institute of Nursing Sciences & GH Patel School of Nursing, Gujarat) – Mitigation and Disaster Preparedness:** He discussed disaster mitigation strategies, risk reduction measures, and preparedness planning to minimize loss of life and resources. He further emphasized the importance of early warning systems, capacity building, and regular mock drills to enhance community and institutional preparedness.



**Session 03: Mr. Shrikrishna Deshpande (District Disaster Management Officer, Nashik) – Institutional Framework and Financial Arrangement:** He explained the disaster management structure at national, state, and district levels, along with financial mechanisms for disaster response and recovery. He also highlighted the roles and responsibilities of various stakeholders and emphasized the importance of timely fund utilization and interdepartmental coordination during disaster situations.



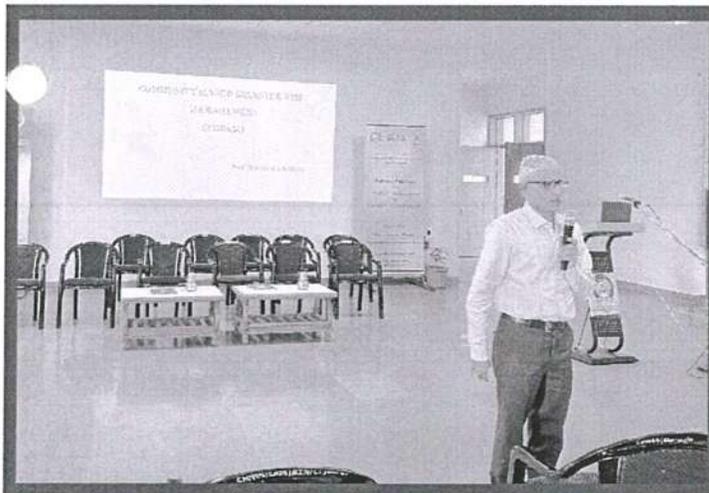


**National Workshop**

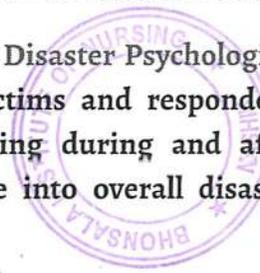
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**Seesion 04: Mr. Bhalchandra Kulkarni (Professor & Principal, Parvatidevi Kumbhar College of Nursing, Kolhapur) – Community-Based Disaster Risk Management:** He emphasized community participation, capacity building, and grassroots-level preparedness as key components of effective disaster management. He also highlighted the role of awareness programs, local leadership, and collaboration with government and non-government agencies in strengthening community resilience.



**Seesion 05: Dr. Jeetendra Singh (Professor, Government Medical College, Nashik) – Disaster Psychological Care Management:** He highlighted the psychological impact of disasters on victims and responders, focusing on mental health support, stress management, and trauma counseling during and after emergencies. He also stressed the importance of integrating psychological care into overall disaster management planning to improve resilience and recovery in affected communities.





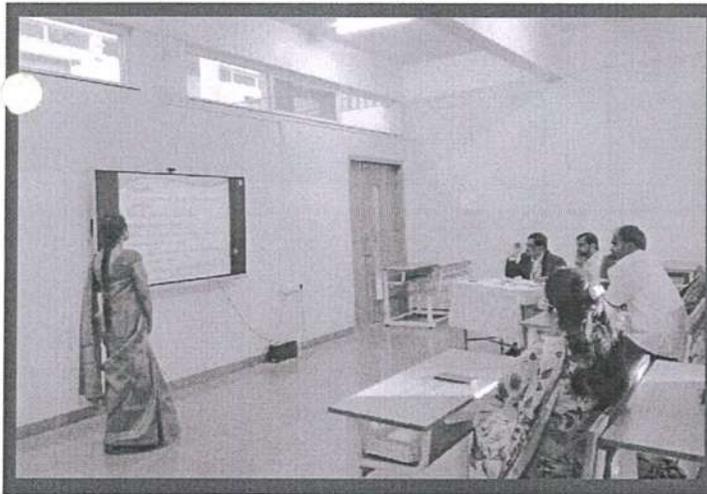
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After the scientific sessions, a Scientific Paper (Podium) Presentation was conducted. Dr. Sunil Joshi (Professor, Bhonsala Military College) and Dr. Vivek Kanade (Associate Professor, Dr. Moonje Institute of Management and Computer Studies) served as evaluators. A total of 12 research papers on various aspects of disaster management and emergency preparedness were presented, showcasing innovative ideas, evidence-based practices, and research contributions from participants.



Overall, Day 1 of the workshop was highly informative, interactive, and enriching, providing participants with valuable insights into disaster management and emergency preparedness. The sessions encouraged active learning, discussion, and knowledge sharing among experts and attendees. It set a strong foundation for the second day, fostering collaboration and enhancing the skills of healthcare professionals, researchers, and community stakeholders.

**“Empowering Communities, Strengthening Preparedness: A Strong Start to Disaster Management Excellence”**



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On the second day of workshop (20.01.2026) at BIAS, Anjeneri, Tryambakeshwar Road, Nashik

Session 06: Dr. Manjunathan Chandran (Chief Nursing Officer, Max Super Specialty Hospital, Uttar Pradesh) – Emergency Preparedness: Health Care Facility: He emphasized hospital emergency preparedness through risk assessment, emergency management systems, and planning for mass casualties, fires, pandemics, and internal disasters, highlighting the importance of clear protocols, mock drills, staff training, and strong nursing leadership for patient safety and effective crisis response.





## National Workshop

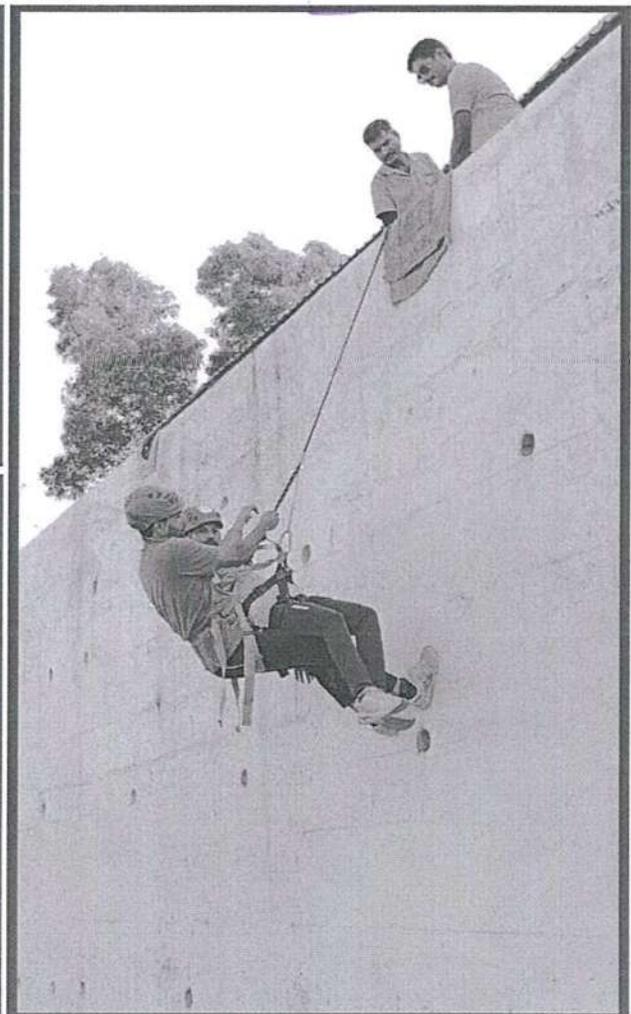
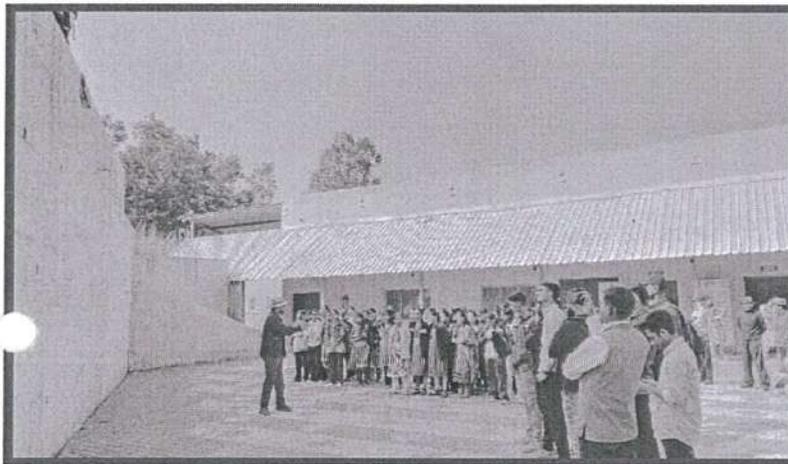
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Following this, extensive hands-on training sessions were conducted at the BAIS Anjeneri Site by Hon'ble Shri Hrishikesh Yadav (Chairman, BIAS), Mr. Chaitanya Joshi, Mr. Santosh Vable, and the entire Adventure Unit team. These practical sessions were designed to enhance participants' real-time response capabilities and disaster management skills, focusing on safety, teamwork, and effective rescue operations. The training covered the following areas:

1. **Vertical Rescue Techniques:** Participants were trained in identifying and managing risks during steep-terrain and vertical rescue operations. The session included hands-on practice in casualty lowering techniques using ropes and controlled systems, piggyback rescue methods for short-distance evacuation, and rappelling techniques involving the proper use of harnesses, knots, anchors, and belay devices. Detailed demonstrations were provided on equipment inspection, knot tying, and load management. Strong emphasis was placed on rescuer safety, effective communication, situational awareness, and seamless team coordination to ensure safe and efficient rescue operations in challenging environments.





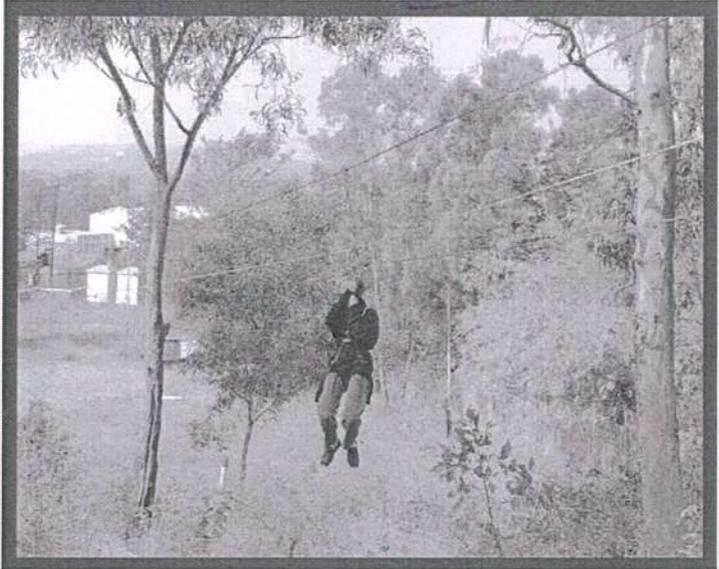
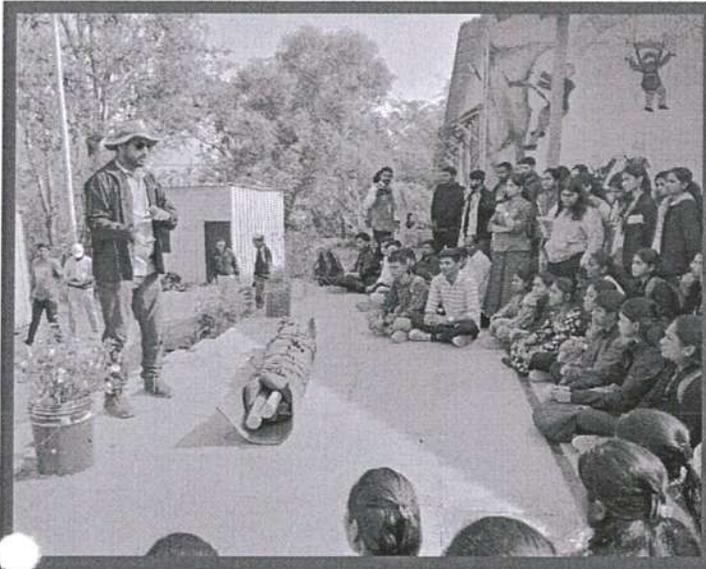
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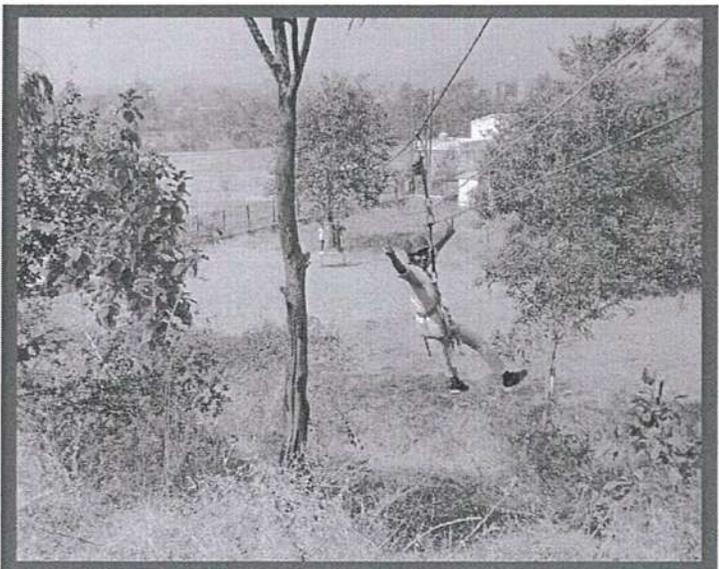
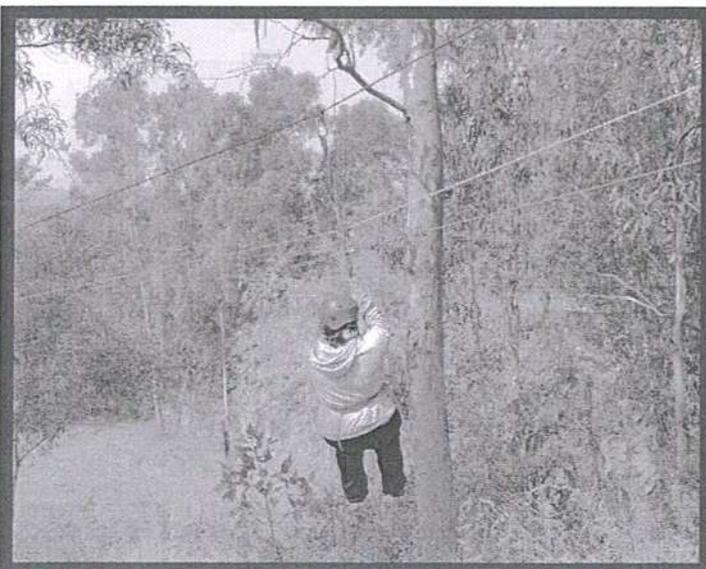
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2. **Emergency Evacuation Techniques:** This session focused on understanding emergency evacuation protocols during disasters and in remote or difficult-to-access areas. Participants were trained in casualty assessment and stabilization before evacuation to prevent further injury. Practical demonstrations were conducted on improvised stretcher making using locally available materials such as bamboo, poles, ropes, and clothing. The training also covered various human carrying methods, including cradle carry, fireman’s carry, and two-hand and four-hand seat carries. Emphasis was placed on maintaining proper body mechanics, ensuring patient comfort and safety, and coordinating team movements for the safe evacuation of casualties over uneven and challenging terrain.



*"Swift, Safe, Skilled: Coordinated Rescue in Challenging Emergency Situations"*





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3. **Mountain Rescue:** This training focused on specialized techniques required for rescuing and evacuating patients in mountainous and rugged terrain. Participants were introduced to route assessment, hazard identification, and safe approach methods in hilly environments. The session included practical guidance on patient packaging, safe lifting and lowering techniques, and coordinated team movement during uphill and downhill evacuations. Emphasis was placed on maintaining rescuer safety, effective communication, endurance, and teamwork while performing rescue operations under challenging terrain and weather conditions.



*"Safe Peaks, Skilled Teams: Efficient Rescue in Rugged Mountain Terrain"*





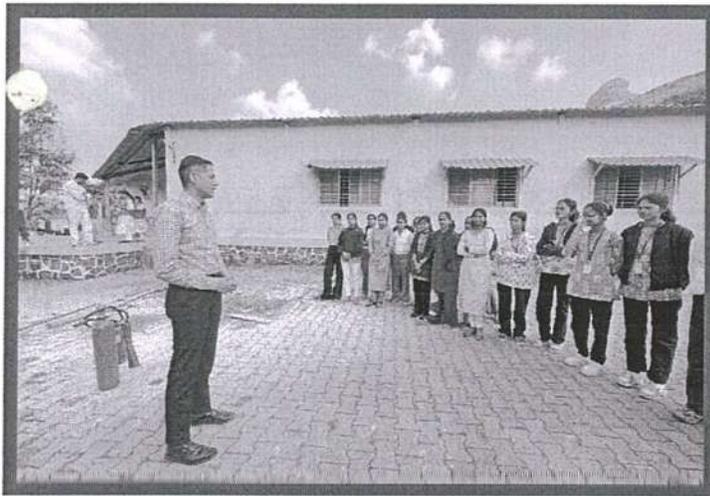
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5. **Fire Safety & Emergency Response:** Conducted by Mr. Sachin Avhad, Fire Safety Officer (FSO), Nashik, this session covered types and causes of fire in camps, buildings, and disaster situations. Participants learned basic fire prevention, fire behavior, and use of available firefighting resources. Practical demonstrations included proper handling of fire extinguishers, safe evacuation procedures, teamwork, and rapid response to ensure safety and minimize risks.



At the valedictory ceremony, Dr. T. Sivabalan, Principal, delivered the workshop summary, highlighting the key sessions, hands-on training, and learning outcomes. All resource persons were felicitated for their valuable contributions, and certificates were distributed to the participants, marking the successful conclusion of the workshop. Participants expressed that the workshop was highly significant and greatly enhanced their knowledge.



**“Equipping Heroes for Safe and Effective Disaster Response”**



Central Hindu Military Education Society's

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## National Workshop on "Disaster Management & Emergency Preparedness" (19 to 20 January, 2026)



"Knowledge, Coordination, Action: Empowering Disaster Response Leaders"





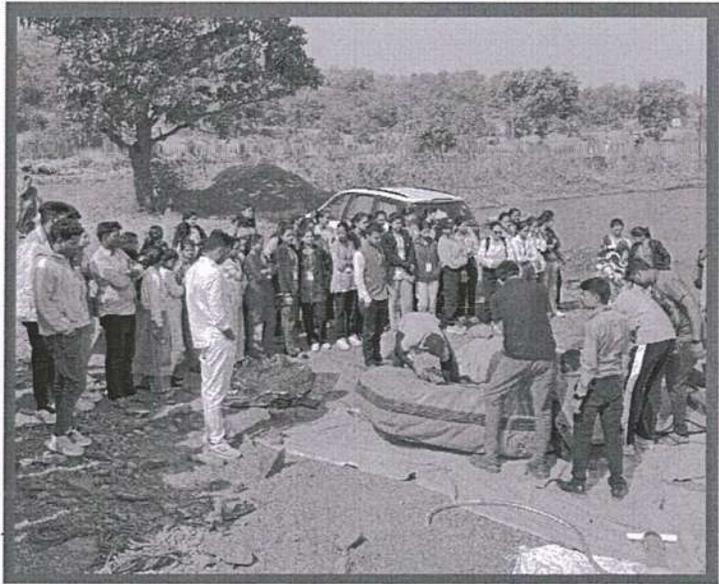
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4. **Water-Based Rescue & Survival Skills (Amboli Dam, Nashik):** This session covered water safety rules, risk assessment, improvised raft making, principles of buoyancy and stability, stream crossing techniques, basic rafting skills, team coordination, and rope-based water rescue methods including throw-bag techniques and swimmer safety. Participants also practiced emergency response strategies for swift-water situations and learned to adapt rescue techniques to varying water currents and weather conditions, emphasizing both rescuer and victim safety.



*"Navigating Waters Safely: Teamwork, Skill, and Swift Rescue Techniques"*

