



62703

Third Basic B.Sc. Nursing Examination, Winter 2011
MENTAL HEALTH NURSING

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

SECTION – B & SECTION – C

Instructions: 1) All questions are compulsory.

2) The number to the right indicates full marks.

3) Draw diagrams wherever necessary.

4) Do not write anything on the blank portion of question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.

SECTION – B

2. Answer the following (any five out of six) : (5×3=15)

- a) Therapeutic impasse
- b) Occupational therapy
- c) Group therapy
- d) Defence mechanisms
- e) Psychotropic substances
- f) Classification of sexual disorders.

3. Answer the following (any three out of four) (3×5=15)

- a) Rights of mentally ill patient.
- b) Extra pyramidal symptoms
- c) Admission procedure for psychiatric IPD
- d) National Mental Health Program.

P.T.O.



SECTION - C

4. Write long answers (any two out of three) :

(2×15=30)

- a) i) Define bipolar affective disorder. 2
 - ii) Explain psychopathology of bipolar affective disorder. 5
 - iii) Discuss nursing management of suicidal ideation with emphasis on two priority based nursing diagnosis. 8
 - b) i) Define crisis intervention. 2
 - ii) Explain principles and techniques of crisis intervention. 5
 - iii) Discuss nursing process for terminally ill AIDS patient with emphasis on any two priority mental health needs. 8
 - c) i) Define therapeutic communication. 2
 - ii) Enumerate therapeutic communication techniques with appropriate examples. 5
 - iii) Discuss therapeutic nurse patient relationship including barriers. 8
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Third Basic B.Sc. Nursing Examination, Summer 2012
MENTAL HEALTH NURSING

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

SECTION – B & SECTION – C

- Instructions:**
- 1) **All questions are compulsory.**
 - 2) **The number to the right indicates full marks.**
 - 3) **Draw diagrams wherever necessary.**
 - 4) **Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.**

SECTION – B

2. Answer the following (any five out of six) : (5×3=15)
- a) How will you assess insight of patient ?
 - b) Write basic rights of psychiatric patients.
 - c) Explain types of crisis.
 - d) Enumerate principles of milieu therapy.
 - e) List tasks of working phase.
 - f) Discuss briefly types of mental retardation.
3. Answer the following (any three out of four) : (3×5=15)
- a) Write nurses role in prevention of suicide.
 - b) Nursing care of violent patient.
 - c) Principles of psychiatric nursing.
 - d) Describe admission procedure of mentally sick patient.

P.T.O.

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SECTION – C

Write long answers (any two out of three) :

(2×15=30)

4. a) Define schizophrenia. 2
b) Discuss positive and negative symptoms of schizophrenia. 5
c) Nursing care of patient with dementia. 8

(2+5+8=15)

5. a) Define delusion. 2
b) Discuss various types of delusions. 5
c) Describe nursing management of patient with delusional disorder. 8

(2+5+8=15)

6. a) Define nurse patient relationship. 2
b) Enumerate the conditions essential for development of therapeutic relationship. 5
c) Describe nursing management of patient with major depression. 8

(2+5+8=15)



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Third Basic B.Sc. Nursing Examination, Summer 2014
MENTAL HEALTH NURSING

Total Duration : Section A + B + C = 3 Hours

Section B & C Marks : 60

SECTION – B & SECTION – C

- Instructions:**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

SECTION – B

(30 Marks)

2. Answer the following (**any five** out of six) :

(5×3=15)

- a) Autism ✓
- b) Dementia ✓
- c) Primary level of prevention ✓
- d) Types of schizophrenia ✓
- e) Qualities of psychiatric nurse ✓
- f) Thought disorder at content level

3. Answer the following (**any three** out of four) :

(3×5=15)

- a) Marital therapy
- b) Rights of mentally ill patient
- c) Admission procedures of mentally ill
- d) Therapeutic communication techniques

P.T.O.



SECTION – C

(30 Marks)

(2×15=30)

4. Answer the following (any two out of three) :

a) Define Mania.

2

Describe clinical features of mania.

5

Discuss nursing management of patient with mania.

8

b) Define Anxiety.

2

Write the various types of phobia.

5

List nursing diagnosis and write nursing care plan for two nursing diagnosis on priority basis for patient with social phobia.

8

c) Define therapeutic nurse patient relationship.

2

Explain the goals of nurse patient relationship.

5

Discuss the phases of the nurse patient relationship.

8



Third BASIC B.SC. NURSING Exam, Winter 2014
Mental Health Nursing

Total Marks : 75

Total Duration: Section A+B = 3 Hours

Section - A & Section - B

Instructions:

- 1) Use blue/black ball point pen only.
- 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) All questions are compulsory.
- 4) The number to the right indicates full marks.
- 5) Draw diagrams wherever necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answer book for all section.

Section "A" (40 Marks)

(5x5=25)

1. Short answer question (any five out of six) :
 - a) Principles of Psychiatric Nursing.
 - b) Process Recording.
 - c) Therapeutic Nurse Patient Relationship.
 - d) Role of Nurse in National Mental health Programme.
 - e) Antisocial personality disorder.
 - f) Bulimia Nervosa.

(1x15=15)

2. Long answer question (any one out of two) :

- A 30 yr. old female is admitted in the psychiatric unit with diagnosis severe depressive episode,
- a) Write etiological factors of depression. Write clinical features of depression. Write pharmacological & nursing management of depression.
 - b) Define mental retardation, List down etiological factors of mental retardation. Write classification of mental retardation based on I.Q. Write nursing management for severe mental retardation.

Section "B" (35 Marks)

(4x5=20)

3. Short answer question (any four out of five) :

- a) Enuresis.
- b) Extra pyramidal syndrome (EPS).
- c) Delirium tremens.
- d) Behavioral therapy.
- e) Pre ECT nursing care.

P.T.O.



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Third Basic B.Sc. Nursing Examination, Summer 2015
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for **all** Sections.

SECTION – A

(40 Marks)

1. Short answer question (**any five** out of six) :

(5x5= 25)

- a) Group therapy.
- b) Pre ECT care of a patient.
- c) Mental health act.
- d) Classification of schizophrenia.
- e) Characteristics of mentally healthy person.
- f) Bulimia nervosa.

2. Long answer question (**any one** out of two) :

(1x15=15)

- a) 1) Make a list of substances commonly abused. (5)
- 2) Write the causes of drug abuse. (5)
- 3) Write the management of person with alcohol withdrawal. (5)
- b) 1) Write the definition of community mental health. (2)
- 2) Write the nurses role in primary level of prevention. (5)
- 3) Write the difference between delusion and hallucination with examples. (8)

P.T.O.



SECTION – B

(35 Marks)

(4x5=20)

3. Short answer question (**any four** out of five) :

- a) Rights of mentally ill person.
- b) Positive and negative symptoms of schizophrenia.
- c) Care of patient with insomnia.
- d) Defense Mechanisms.
- e) Nurses responsibility in administration of antipsychotic drugs.

4. Long answer question (**any one** out of two) :

(1x15=15)

- a) 1) Write the indications of ECT. (5)
 - 2) Write the post ECT care of patient. (5)
 - 3) Write the complications of ECT. (5)
 - b) 1) Write the mechanism of action of antipsychotic drugs. (5)
 - 2) Write the classification of mental disorders. (5)
 - 3) Write the misconceptions about mental illness. (5)
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Third Basic B.Sc. Nursing Examination, Summer 2016
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

- Instructions:**
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 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
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 - 7) Use a common answerbook for all sections.

SECTION – A

(40 Marks)

1. Short answer question (any five out of six) :

(5x5=25)

- a) How will you assess for Insight ? Write down the grades of Insight.
- b) Cognitive Behavior Therapy.
- c) Causes of alcoholism.
- d) Etiological factors for mental retardation.
- e) Rights of patient in psychiatry.
- f) Nursing management of patient with bipolar mood disorders.

2. Long answer question (any one out of two) :

(1x15=15)

- a) Define mental health. List components of mental health and write indicators of mental health.
- b) Define phobia. List types and clinical features of phobia. Write any two priority nursing diagnosis for phobic patient.

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SECTION - B

(35 Marks)

3. Short answer question (any four out of five) :

(4x5=20)

- Describe clinical features of depression.
- Write note on crisis intervention.
- Electro convulsive therapy.
- Write role of a nurse in preventive psychiatry.
- Management of catatonic stupor.

4. Long answer question (any one out of two) :

(1x15=15)

- Define nurse patient relationship. Enumerate the conditions essential for development of therapeutic relationship. Describe management of patient with major depression.
- Define the term personality. List the types of personality. Write the nursing care plan for paranoid personality disorder.

(40 Marks)

SECTION - A

(25=25)

1. Short answer question (any five out of six) :

a) How will you assess for insight? Write down the grades of insight.

b) Cognitive Behavior Therapy.

c) Causes of alcoholism.

d) Etiological factors for mental retardation.

e) Rights of patient in psychiatry.

f) Nursing management of patient with bipolar mood disorders.

(1x15=15)

2. Long answer question (any one out of two) :

a) Define mental health. List components of mental health and write indicators of mental health.

b) Define phobia. List types and describe any one phobia. Write any two phobias.



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Third Basic B.Sc. Nursing Examination, Winter 2016
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

Instructions : 1) Use **blue/black** ball point pen only.

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3) **All questions are compulsory.**

4) The number to the **right** indicates **full marks**.

5) Draw diagrams **wherever necessary**.

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7) Use a common answerbook for all Sections.

SECTION "A" (40 Marks)

1. Short answer question (any five out of six) :

(5x5=25)

- ☒ a) Legal rights of psychiatric patients.
- ☒ b) Levels of prevention of mental illness.
- ☒ c) Psychotherapy.
- ☒ d) Electroencephalogram.
- ☒ e) Therapeutic communication techniques.
- ☒ f) Complications of alcohol abuse.

2. Long answer question (any one out of two) :

(1x15=15)

- a) Define psychiatric nursing. Enlist principles of psychiatric nursing. Explain any two principles with examples.
- b) Define schizophrenia. Enumerate types of schizophrenia. Write nursing management of a patient with catatonic schizophrenia.

P.T.O.



SECTION "B" (35 Marks)

3. Short answer question (any four out of five) :

(4x5=20)

- a) Autism.
- b) Behavior Therapy.
- c) Etiological factors in Dementia.
- d) Process recording.
- e) Crisis Intervention.

4. Long answer question (any one out of two) :

(1x15=15)

- a) Define depression. List clinical features of depression. Write nursing care plan of patient with suicidal behavior.
- b) Define mental retardation. Explain degrees of mental retardation. Discuss the nursing management of a child with moderate mental retardation.



(25)

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Third Basic B.Sc. Nursing Examination, Summer 2017
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

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 - 7) Use a common answerbook for **all** sections.

SECTION – "A" (40 Marks)

1. Short answer question (**any five out of six**) : **(5×5=25)**
 - a) National Mental Health Programme.
 - b) Principles of Mental Health Nursing.
 - c) Role of Nurse in psychological test.
 - d) Johari-Window.
 - e) Mental Health problems in Geriatrics.
 - f) Bipolar effective disorder.
2. Long answer question (**any one out of two**) : **(1×15=15)**
 - a) Define Generalized anxiety disorder. Explain types of anxiety disorders. Write Nursing care plan of client with Obsessive compulsive disorders.
 - b) Define Alcohol abuse. Psychological and physical dependence of alcohol. Write clinical features of alcohol dependence and withdrawal.

P.T.O.



SECTION – "B" (35 Marks)

3. Short answer question (any four out of five) :

(4×5=20)

- a) Follow up and home care of mentally challenged.
- b) Types of psychiatric emergencies.
- c) Forensic psychiatry
- d) Prevention of Mental disorders.
- e) Admission and discharge procedure of mentally ill.

4. Long answer question (any one out of two) :

(1×15=15)

- a) Define mood disorder. Classification of mood disorder. Nursing care plan of client with Mania.
 - b) Define organic brain disorder. Classification of organic brain disorder. Explain treatment modalities and nursing management of client with organic disorder.
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Third Basic B.Sc. Nursing Examination, Winter 2017
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

- Instructions :**
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 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever necessary**.
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 - 7) Use a common answerbook for **all** sections.

SECTION – A (40 Marks)

1. Short answer question (**any five** out of six) : (5×5=25)
 - a) Explain important features of Indian mental health act 1987.
 - b) Approaches of psychiatric rehabilitation.
 - c) Management of extra pyramidal side effects.
 - d) Principles of psychiatric nursing.
 - e) Classification of psychoactive substances abused commonly.
 - f) Behavioural therapy.
2. Long answer question (**any one** out of two) : (1×15=15)
 - a) Enumerate the types of schizophrenia & Explain etiology and psychopathology of schizophrenia. Explain pharmacological and nursing management for adolescent boy with acute schizophrenia.
 - b) Explain the diagnostic criteria of bi-polar mood disorder. Explain clinical features with respective psychopathology of mania. Explain comprehensive nursing management for patient with mania.

P.T.O.

**SECTION – B (35 Marks)**

3. Short answer question (any four out of five) : (4×5=20)

- a) Anorexia nervosa.
- b) Obsessive compulsive disorder.
- c) Types of phobia.
- d) Antidepressant drugs.
- e) Psychoeducation.

4. Long answer question (any one out of two) : (1×15=15)

- a) State the scope and importance of community psychiatric nursing. Compare institutionalization versus deinstitutionalization of mentally ill patient in terms of Indian scenario. Discuss levels of prevention in regards with substance abuse disorder.
 - b) Explain the etiology and clinical features of A.D.H.D. Explain nursing role in management of mental sub-normality.
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Thirld Basic B.Sc. Nursing Examination, Summer 2018
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

Instructions : 1) Use **blue/black** ball point pen only.

2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.

3) **All questions are compulsory.**

4) The number to the **right** indicates **full marks**.

5) Draw diagrams **wherever** necessary.

6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.

7) **Use a common answerbook for all sections.**

SECTION – A (40 Marks)

1. Short answer question (**any five** out of six) :

(5×5=25)

- a) Nursing care Plan for client with victim of violence and abuse.
- b) Mental Health Team.
- c) Defense Mechanisms.
- d) Classification of mental Disorders.
- e) Mini Mental Status Examination.
- f) Preparation for EEG Investigation.

2. Long answer question (**any one** out of two) :

(1×15=15)

- a) Define stress and stressors. Write types of stress. Explain principles and technique to relieve stress.
- b) Define Dissociate disorders and Write types of Dissociate disorder. Write Nursing Process on client with Dissociate disorders.

P.T.O.



SECTION - B (35 Marks)

3. Short answer question (any four out of five) :

(4×5=20)

- a) Phases of Therapeutic Communication.
- b) Lithium therapy.
- c) Occupation Therapy.
- d) Types of Schizophrenia.
- e) Classification of depression.

4. Long answer question (any one out of two) :

(1×15=15)

- a) Define Sexual disorders and Explain types of sexual disorders. Write care plan on client with gender identity disorders.
 - b) Define Mental Health Act and Explain Rights of Mentally ill client. Explain Forensic Psychiatric.
-